

RETREAT INDULGENCES

Packages can be created to your preference, ask one of our Qualified Therapists

Teen Time (Teaching teens the benefits of skin care)

Includes a face mapping session to coach teens how to look after their skin. An eyebrow shape and rebalancing facial including gentle hydroxy acid exfoliation to ease blocked pores and calm the skin.

Allow 1hr 15 mins \$108

Boost (Great for both men & women)

Enjoy an all over "boost" designed for that busy person. A rebalancing facial is followed by a reviving back, neck and shoulder massage. Allow

1 hr 15 mins \$126

Harmony (Indulge Yourself)

Harmonize your hands and feet with a sumptuous Spa Manicure followed by a luxurious Spa Pedicure. In our tranquil candlelit surroundings enjoy soaking your feet in a warm peppermint and frangipani footbath.

Allow 2hrs \$144

Radiance (Pick me Up)

When time is limited but results are needed fast, treat yourself to a refreshing express facial with lash and brow tint, and brow wax followed by a half hour manicure or pedicure with shellac and a light make-up to go.

Allow 1 hr 45mins \$195

The Ultimate Indulgence (Great for Gift Vouchers)

Pamper yourself with a profound therapeutic full body massage followed by a luxurious Dermalogica facial customized to your needs. Relax in our aromatic candlelit surroundings

Allow 2hrs \$162

The Ultimate Retreat Indulgence (Great for two people)

Take a 1 hour luxury Spa Pedicure, where you will experience our peppermint and frangipani foot bath followed by shellac polish, and a soothing, remedial Indian Head Massage to relieve all tension from your scalp and neck, add this to the above Ultimate Indulgence, This will then become **The Ultimate Retreat Indulgence**. You have never felt so relaxed.

Allow 3 hrs 30 mins. \$332

Retreat (Pure Relaxation)

Relax and revive with the ancient American Indian art of stone massage. In our serene candlelit surroundings benefit from the detoxifying, cleansing and healing properties of these hot stones while enjoying a remedial full body massage, then soothe away the stress with a calming Indian head massage you have felt nothing like this before.

Allow 2 hrs \$171

**GIFT VOUCHERS AVAILABLE
ORDER ON 08 9300 3436**

RETREAT INDULGENCES

Blessed (For the mum to be)

A total relaxation for the mum to be. Indulge with a full body massage, focusing especially on any areas of discomfort. Then enjoy a retreat spa pedicure to cool and take the pressure off your feet and ankles. Finish with shellac on your toenails (either Colour or French) to keep them manicured and easy to maintain whilst too hard to reach.

Allow 2hrs 15 mins \$197

Girl time (Catch up time)

Enjoy pamper time together with an invigorating Hot Stone Massage followed by a Retreat Spa Pedicure with shellac polish. This is the perfect package to use as catch up time with a friend or loved one.

Allow 2hrs 45 mins \$233

Getaway (Pre holiday pamper)

Be pampered and prepared for that holiday. Start with an eyebrow tidy, lash & brow tint (the less make up the better on holiday!). Follow this with a pedicure and shellac polish for that glamorous/easy to maintain look the whole time you are away. To complete your holiday look jump in our MAGICTAN booth and get a fabulous instant tan in less than 60 seconds. Now you are ready to fly away.

Allow 1hr 45 mins \$198

Escape (Great for brides)

Enjoy 3 ½ hours of sheer delight. Enjoy a luxurious Spa Pedicure with shellac, a refreshing Dermalogica facial, a de-stress back, neck and shoulder massage, including a soothing Indian head massage followed by manicure with shellac. You will feel like a new person.

Allow 3 hrs 30 mins. \$385

Bliss (For that special person who deserves it)

A total mind and body rejuvenation. Begin with a luxurious Full Body Salt Exfoliation and be cocooned in an Enzymatic Sea Mud Wrap. Take a break to enjoy a light gourmet lunch and beverage before finishing with an indulging Full Body Massage and a Revitalizing Dermalogica Facial. This is a total body experience in Today's Lady's aromatic, relaxing and candlelit surroundings you have never experienced such pampering.

Allow 3 hrs 30 mins hours. \$330

Heaven (all day pamper)

This treatment is the ultimate in pampering, it includes:

- *Full body salt exfoliation
- *Enzymatic sea mud wrap
- *Therapeutic full body massage
- *Invigorating Indian head massage
- *Dermalogica signature facial
- *Retreat spa pedicure and shellac
- *Retreat spa manicure and shellac

This fabulous indulgence package includes a **gourmet lunch**. Its the perfect gift for the one you love.

Allow 6 hrs 30 mins. \$598

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Trading Hours

9.00am - 5.30pm Mon - Fri

9.00am - 8.30pm Thursday

8.30am - 5.00pm Saturday

cancellations

PLEASE PAY US THE COURTESY OF 24 HOURS NOTICE WHEN CANCELLING OR RESCHEDULING APPOINTMENTS OR A FEE MAY BE CHARGED.

Gift vouchers
available at
Today's Lady

Complete Skin Analysis

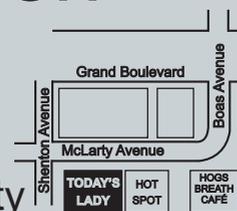
This complimentary appointment is designed to give you an understanding of your skin condition, product prescription and advice. (Complimentary samples included)

Today's lady is a proud stockist of

dermalogica[®]
napoleon
PERDIS



Cnr Shenton & McLarty



Today's Lady
Day Retreat

todayslady.com.au
(todayslady@bigpond.com)

Ph: 9300 3436

Shop 7/87 McLarty Avenue Joondalup

DERMALOGICA FACIAL TREATMENT

(Mon/Wed 1hr facials receive a free lash tint & brow wax)

Face Mapping Skin Analysis	15 mins	Free
This analysis combines our body, skin & Chinese medicine! /the best technique for accurate skin diagnosis & is unique to Dermalogica		
Super Express	30 mins	\$60
A facial for a busy person! Includes a cleanse, exfoliation, masque & moisturize		
Rebalancing Facial	45 mins	\$80
An express facial with a beautiful neck & shoulder massage or extractions included where necessary.		
Signature Treatment	60 mins	\$90
Dermalogica's ultimate facial customized to suit your needs. Includes a face, neck & décolletage massage. You will love our tranquil candlelit surroundings.		
Age Smart Treatment	75 mins	\$115
Give your skin a revitalizing power boost with this treatment designed to help firm, smooth, nourish, regenerate and energize while controlling the biochemical triggers that lead to skin aging		
Ultracalming Treatment	45 mins	\$80
An intensive soothing and calming facial for the most sensitive/ reactive skin types. Excellent for eczema sufferers.		
ChromaWhite TRX Treatment	45 mins	\$80
Combines vitamin A, C & E, plus hydroxy acid, to aid in pigmentation reduction, sun damaged & mature skin.		
Medibac Clearing Treatment	45 mins	\$80
A blend of hydroxy acids and enzymes are combined to deeply exfoliate the skin. Great for acneic or congested skin types		
Active 35 Resurface Treatment	45 mins	\$90
Provides intense resurfacing to stimulate cell renewal & cell turnover while treating premature aging, fine lines pigmentaria, dehydration, congestion & flakiness. Significant results will be visible after one treatment.		
Multivitamin Power Treatment	45 mins	\$80
A repairing vitamin boost for the skin. Ideal for those wanting a fresh new look.		
Radiant Glow	60 mins	\$100
The ultimate facial treatment to give immediate visible radiant & glowing results while deeply hydrating the skin. Perfect for dehydrated skin that lacks luster		

ENHANCERS to be added to any facial

Nail Paint (toes or fingers)	15 min	\$20
Lip Renewal	15 min	\$20
Age smart hand repair	15 min	\$20
Age smart eye rescue	20 min	\$25
Microdermabrasion	20 min	\$70

Indian Head Massage (15 min) scalp massage to relieve tension	\$25
Anti Stress Combination (15 min) foot & leg massage	\$25
Contour Masque (20 min) firming treatment for face & neck	\$25
Thermal Touch for the décolletage neck and chest (15 min)	\$25

BioActive™ Peel

This unique multi phase peel safely decreases surface roughness, treats acneic skin conditions, reduces fine lines & helps minimise the appearance of pigmentation in the epidermis & dermal/ epidermal interface. BioActive™ Peel Single treatment - (including Post Peel Kit) **\$185**
BioActive™ Peel course of 6 - Buy 5 get one free
(6 treatments = \$154 each including Post Peel Kit) **\$924**

10% off 2 or more treatments from pages 1 - 2
Excludes Enhancers, Peels & Microdermabrasion

MICRODERMABRASION

This treatment is effective in reducing fine lines and other surface imperfections. A hand wand directs a stream of micro crystals to gently polish your skin leaving you a fresh and healthy glow. An initial series of weekly sessions is recommended followed by periodic maintenance treatments. as a single treatment with moisture protective cream **30 mins \$110**

As a series of 6 (including 1 free) **\$550**
When in conjunction with other 1hr facial treatments
(As an enhancer) **20 mins \$70**

DERMALOGICA BODY TREATMENTS

Therapeutic Body Massage	60 mins	\$90
Enjoy the ultimate in relaxation with an aromatic full body massage set in tranquil candlelit surroundings.		
Back, neck and shoulder	30 mins	\$60
Take time out at our serene day retreat to revitalize your body with a 30 min back, neck & shoulder massage. You deserve it!		
Indian Head Massage	30 mins	\$60
Soothe away your stresses with a calming scalp massage to relieve any anxiety, tension & insomnia.		
Hot Stone Therapy	90mins	\$130
Indulge your senses. This luxury treatment combines a remedial full body massage with the use of ancient volcanic stones to detoxify, cleanse and heal. Pure relaxation.		
Hot Stone Therapy	45 mins	\$90
Revitalise your body by incorporating our hotstones with a sensational back, neck and shoulder massage.		
Mineral Salt Scrub Therapy	30 mins	\$75
A total body exfoliation within aromatic surroundings to leave you feeling smooth & silky all over		
Nourishing Sea Mud Therapy	40 mins	\$90
An invigorating full body cocoon which will stimulate, awaken & soften your skin.		
Body Foliation Therapy	40 mins	\$80
Combines a gentle exfoliation with conditioning essential oils for a soothing & smoothing treatment.		
Power Recovery Therapy	30 mins	\$80
An intense wrap therapy dedicated to feeding your skin with the nourishment it craves, ideal for those suffering with the signs of premature aging.		
Deep Thermal Therapy with Thermal Stamp	90 mins	\$145
Inspired by the practices of Thai therapy, this treatment utilizes a unique fabric stamp filled with skin benefitting ingredients and the power of heat to detoxify, re-mineralise, de-stress, exfoliate and relax.		
Thermal Touch Treatments	30 mins	\$70
Nourish, hydrate, protect, exfoliate, relax and moisturise the area of your choice. Choose your zone: hands & arms, décolletage, neck & chest, back or legs & feet.		

HAND & FOOT

Non Chip Nail Polish (Shellac) added as enhancer	\$35
Manicure (30 mins with massage & polish)	\$50
French Manicure (includes non-chip shellac polish)	\$85
Retreat Spa Manicure (1 hr facial for the hands & nails)	\$70
Pedicure (40 mins with massage & polish)	\$60
Retreat Spa Pedicure (1 hr facial for your feet, experience our peppermint & frangipani foot bath to leave you feeling invigorated)	\$90

10% off 2 or more treatments from pages 1 - 2
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WAXING FOR HER

Ask about available packages

Today's Lady uses all disposable wax, spatulas and strips only

Eyebrow	\$20
Upper lip	\$15
Chin	\$15
Sides of face	\$20
Under arm	\$20
Bikini line	\$30
G String bikini	\$40
Brazilian	\$60
½ Leg	\$35
¾ Leg	\$45
Full leg	\$55
½ arm	\$30
Full arm	\$40
Stomach	\$25

WAXING FOR HIM

Full leg	\$60
Back	\$50
Chest	\$60
Eyebrow tidy	\$20
Neckline	\$15

MAKE-UP AND TINTING

Today's Lady proudly uses & stocks Napoleon Perdis

School Ball/ Special occasion make-up (30 mins)	\$55/\$75
Bridal (40/30 mins includes trial)	\$85/\$140
Make Up lesson (60 mins) redeemable conditions apply	\$80
Eyelash tinting (15 mins)	\$25
Eyebrow tinting (8 mins)	\$20
Eyelash enhancements	\$25

NAIL ENHANCEMENTS

Non chip nail polish (shellac) Colour / French	\$45/\$50
Removal (shellac)	\$25
Removal & Repaint (shellac) Colour / French	\$55/\$60
Full Set Gel (Biosculpture) with tips	\$80
Full Set (French or Colour) with tips	\$90
Rebalance Clear	\$60
French or Colour rebalance	\$75
Overlays (on natural nails)	\$65
French or Colour overlays	\$75
Single nail repair (each) (with rebalance)	\$15
Soak off (includes file & buff) polish	\$5
Soak off & shellac (includes file & buff)	\$50
Soak off (with full set or overlays)	\$80
Nail polish	\$25
File, buff & polish	\$25
Nail Art (anything other than clear/french)	\$35
	enquire on application

Lash Extentions

Full set lashes (90 mins)	\$145
Soakoff & full set lashes	\$165
Refill lashes	\$90
Soak off lashes	\$40

10% off 2 or more treatments on this page (3) excludes nails and lashes

ULTIMATE INDULGENCE

1hr Signature Facial
(using Dermalogica to leave you feeling blissful)

1hr Full Body Massage
(in relaxing candlelit surroundings)

Great for Gift Vouchers

Just \$162.00



The worlds most advanced spray booth

- ♦ For men & women
- ♦ Fully automatic
- ♦ Instant Tan in 60 seconds
- ♦ Totally private
- ♦ Three tanning levels
- ♦ Packages available



enquiries call 9300 3467

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